

15:18:09 From Mary Jo Deering : Chris's email is christopher.n.palmer@gmail.com. He's very responsive! And you can find the videos of all 3 workshops together with a rich array of supportive texts and materials on the WAVE website: wavevillages.org/finishingstrongaward

15:21:41 From Mary Jo Deering : There is a typo in website—wave villages (all one word) wavevillages.org/finishingstrongaward.

15:23:13 From Tashi Taliaferro : It empowers you

15:25:50 From Ann Castiglione-Cataldo : I would like to follow up on Paula O's question. Is there a roadmap of agencies and activities that must be contacted at the time of death or shortly after?

15:28:41 From Mary Jo Deering : It's critical to bring print copies of advanced directive or "Physician Orders for Life Sustaining Treatment" (POLST) to the hospital. Even so, you may not be able to overcome the hospital's standard procedures to perform intrusive procedures. Best to avoid hospitals if at all possible.

15:31:07 From jeannedowning : Will we discuss medical-aid-in-dying (MAID)

15:33:43 From Liz Gregg, Capitol Hill Village : I am a death doula and perform this function for the Capitol Hill Village.

15:35:35 From Paula O. : Thanks for following up, Ann. I think you said it better than I did--what needs to be done when someone dies, who needs to be notified, what govt. agencies need to be dealt with (Social Security, death certificates, Register of Wills) etc., etc.

15:40:27 From Linda : Why not prepay?

15:41:27 From Mary Jo Deering : What are the rough differences in cost between full embalmed burial, cremation, or green burial?

15:41:49 From Kay Eley : You could also leave your body for science, e.g., Georgetown University.

15:43:01 From Paula O. : Have you heard of a group called Funeral Consumers' Alliance?

15:43:21 From Cele (At Home in Alex.) : Chris, as someone who facilitates a monthly discussion group about end-of-life topics, can you share what you think is an effective size for a group? Also, how much time would you say you spend each month with preparing, outreach, follow-up, etc.

15:45:10 From Paula O. : Ignore my question above--you just named the group I asked about! Would having a rep from them be a good speaker option?

15:48:20 From Sylvia Saunders : RE: Leaving your body to science: the Anatomy Board of Maryland, Dept of Health and Mental Hygiene, Baltimore, Md. (800)879-2728

15:52:33 From Mary Jo Deering : Reminder Chris's email is christopher.n.palmer@gmail.com

15:58:09 From Mary Jo Deering : Reminder video and materials will be available on wavevillages.org/finishingstrongaward

15:59:50 From Paula O. : Thanks again for another wonderful session. Chris--your commitment, energy, and generosity with sharing your vast knowledge are such a gift to all of us. Grateful not only to Chris but also to Mary Jo and all involved in making these session available.

15:59:57 From Tashi Taliaferro : Chris, I want to thank you so much for inviting me today. I love your passion, kindness and generosity that you offer to all the villages.

16:00:07 From Walt Ennaco : thank you Chris and Mary Jo. I have to go. Wonderful set of presentations!

16:00:17 From Susan Hamburger : Thanks for all the ideas Chris

16:00:26 From Heidi : Great presentation! As always.