



WAVE Quarterly Meeting January 23, 2023

**Mary Jo Deering
President of the Board**

Agenda

- 9:30 Welcome
Business Meeting
Reports
Elections of new board members and of WAVE President
2022 Year In Review And 2023 Look Ahead
- 10:00 Plenary Panel: “The State of Villages”
- 11:00 Break. Sign into breakout sessions.
- 11:05 Breakout Sessions
- 12:00 Adjourn



Business Meeting

Secretary's Report

Treasurer's Report

Corresponding Secretary's Report

Elections

Who Are We?

The Washington Area Villages Exchange (WAVE) brings together nonprofit villages to learn and grow by sharing experiences and ideas.

Through diverse educational programming and networking opportunities, WAVE strengthens and promotes developing and established villages and helps build momentum for the nationwide village movement.

Encompassing villages in Maryland, Virginia, and West Virginia as well as Washington, DC, WAVE is the largest regional village organization in the nation.

We're aware of 74 villages in our region; 47 were WAVE members in 2022, and 28 are paid members so far in 2023.

Treasurer's Report

- WAVE began 2022 with an account balance of \$12,159.05 and ended with a balance of \$12,449.77.
- Income was primarily member dues, an award from Montgomery County in support of the new WAVE villages website, individual donations, and a donation matching grant from Home Instead Charities.
- All Board members donated to WAVE.
- Expenses were website-related; D&O Insurance, business expenses related to WAVE meetings, and the Founders awards to two villages.

Membership

- Membership at end of 2022 was: 47 villages
- As 2023 begins, 28 villages have already paid their 2023 dues

Join WAVE! Just \$35!

Member Village benefits include

- 1-1 mentoring
- Founders Award
- Finishing Strong Award
- Post your open events on shared calendar

wavevillages.org → JOIN

WAVE Elections

Nominees for WAVE Board of Director

Nominee for WAVE Board President

WAVE Board Slate		
Name	Eligibility	Village
Washington, DC		
Eva Lucero	Eligible to run for new 2-year term.	Dupont Circle Village
Denise Snyder	Eligible to run for final term	Foggy Bottom West East Village Hyattsville Aging in Place
Leo Sanchez	Eligible to run for first term	Mount Pleasant Village
Maryland		
Mary Jo Deering	Eligible to run for final term	Wyngate and Maplewood Neighbors Helping Neighbors
Elizabeth Haile	Eligible to run for first term	Bethesda Metro Village
Virginia		
Cele Garrett	Eligible to run for final term	At Home In Alexandria
David Prescott	Eligible to run for final term	Mount Vernon At Home
Carolyn Rourke	Eligible to run for 2 nd term	LOWLINC (Lake of the Woods – Living Independently in Our Community)
Wendy Zenker	Eligible to run for 2 nd term	Arlington Neighborhood Village
Potential 13 th member **		
Doug Gaddis	Eligible to run for first term	Silver Spring Village

Continuing WAVE Board Members (Mid-term)		
Name	Current Term Status	Village
Washington, DC		
Kathy Pointer	End of 1 st year of 2 nd term	Kingdom Care Senior Village
Maryland		
Laurie Pross	End of 1 st year of 2 nd term	Commissioner, Montgomery County Commission on Aging
Laila Riazi	End 1 st year of 1 st term	Cheverly Village

Election of Board President

Nominee: Mary Jo Deering



2022 Year in Review and 2023 Look Ahead

Mary Jo Deering, WAVE President

How Did We Do? 2022 Quarterly Meetings

- Strategic Planning for Villages
- Financial Best Practices for Villages
- Insurance Issues and Risk Management for Villages
- Age-in-Place DC Senior Services Pilot Project

Total attendees: 278

Videos and materials available at [WAVEvillages.org](https://wavevillages.org) →
[WAVE Programs](#) → [Archive of WAVE Events](#)

WAVE Mutual Support Program

Facilitated discussions of problems and solutions, via Zoom.

- Reimagining Volunteers
- Surveys For New And Evolving Villages
- Creating And Leading Discussion Groups on Aging, Death, and Dying
- Queen Anne's at Home: Ready or Not Workshop

Total attendees: 192

Videos and materials: [WAVEvillages.org](https://wavevillages.org) →
[WAVE Programs](#) → [Archive of WAVE Events](#)



WAVE Mentoring Program

One-on-one coaching and guidance for WAVE member villages and start-up villages, e.g.

- Organization and Management (strategic planning, board and staffing issues);
- Risk Management (insurance, policies and procedures);
- Technology (website, social media);
- Member and Volunteer recruitment, retention and recognition;
- Programming (member services, social activities); and
- Fundraising.

WAVEvillages.org → Resources → Wave Mentoring and Mutual Support Program



WAVE Mentoring Program



“We have appreciated your advice and encouragement as our mentor since we began planning for our village exactly a year ago. We have 8 members and 32 volunteers now; hoping to grow that number of course....”

“Just wanted to say how much I appreciated talking with you this morning. It's not only the information but it's also the morale reinforcement that this thing CAN be done, despite what feels like many hurdles! I needed a booster today!”

WAVE Founders Award

Recognizes member villages for programs and/or services that are outstanding examples of villages' contributions to the well-being of older adults in their communities.

Winners receive \$1000 awards.

- Hyattsville Aging in Place (HAP, Hyattsville, MD) won the 2022 under \$25,000 budget category award for its project "Route 1 Food Security."
- Little Falls Village (LFV, Bethesda, MD) won the 2022 \$25,000 and over budget category award for its project "COVID Vaccine and Booster Clinics."

Applications for 2023 award now open. Due March 6th.

For information or to apply → [WAVEvillages.org/foundersaward](https://wavevillages.org/foundersaward)

Coming This Year!

- WAVE Quarterly meetings with plenary presentations and breakout sessions: April and July dates TBD.
- Mutual support zoom sessions on critical topics for village operations indicated by YOUR survey responses.
- Special Speaker Series on topics of broad interest.
- Joint WAVE-Village to Village Network in-person mini-conference, tentatively October 17th and 18th, Silver Spring Civic Center. Details to follow.
- New Finishing Strong Award. \$5000 for winner(s). Applications will open in September. Multiple workshops in advance.

WAVE Goals for 2023

- Be a known and respected source of information for
 - Villages (for operations, growth, and important contextual issues)
 - Others working in or interested in older adult issues (for awareness of villages' current and potential roles)
 - Individuals (to learn about villages in general or locate a village)
- Support villages in our region
 - Mentoring
 - Programming on management and strategic issues
 - Provide resources (material, tool kit)

Goals for 2023 - 2

- Be a source/promoter of collaboration
 - Create sharing opportunities for learning from each other
 - Initiate or support collaborative programming (e.g. Medicare in October)
 - Seek resources to support a collaborative project
 - Explore opportunities to collaborate with organizations like Leading Age, Age-Friendly Communities, and with other regional village organizations (e.g. Ohio, California)

Reminders

- Complete our Survey of Village Priorities for WAVE programming by January 26th.
 - [WAVEvillages.org → Survey](https://wavevillages.org/survey)
- Seminar on Evidence-Based Programming for Older Adults. January 31st, 9:30 – 1 pm. [WAVEvillages.org → Shared Calendar](https://wavevillages.org/shared-calendar)
- Founders Award For Village Excellence In Programs Or Services. Applications due March 6th. [WAVEvillages.org/foundersaward](https://wavevillages.org/foundersaward)

What Can YOU Do To Help?

Join WAVE! Benefits include

- 1-1 mentoring
- Founders Award
- Finishing Strong Award
- Post your open events on shared calendar
- Just \$35!

wavevillages.org → JOIN

Become a mentor: **wavevillages.org → WAVE Programs → Mentoring**

Participate in collaborative programming and advocacy

For More Information

Website: WAVEvillages.org

Email: Washingtonareavillages@gmail.com

Village to Village Network: vtvnetwork.org

Mary Jo Deering: mjd@mjdeering.net



The State of Villages:

- Montgomery Co. report on hub-and-spokes models (Pazit Aviv)
- DOROT Tech coaching partnership (Vanessa Ripps)
- Capitol Hill Village project to standardize data collection (Judy Berman, Scott Price)
- StrongerMemory (Lynn Golub-Rofrano, Diane Watson)
- DC village board chairs collaboration (Denise Snyder)

Break: Sign Into Breakout Sessions

NOTE: MEETING ENDS AT CONCLUSION OF BREAKOUT SESSIONS